

McKenzie Willamette Medical Center Formulary

Products	Kcal/L	CHO	PRO	FAT	Na	K	Ca	Phos	H2O	mOsm	ml/RDI	Uses
Beneprotein (7g scoop)	25	0	6	0	15	30	20					High quality whey protein
Ensure Clear	240	52	8	0	70			~188			Not for sole source nutrition	Protein containing oral supplements for clear liquid diets
Ensure HP	160 per 8 ounce	19 g per 8 ounce	16 g per 8 ounce	2 g per 8 ounce	210	470	520	~313			Not for sole source nutrition	Oral high protein supplement
Glucerna Shake	220 per 8 ounce	26 g per 8 ounce	10g per 8 ounce	9 g per 8 ounce	210	380	260	~250			Oral supplement for people with diabetes	Lactose Free with milk protein supplement
Jevity 1.2	1200	169	55.5	39	1067	2390	1200	1200	807	450	1000	High protein, fiber fortified formula that provides complete balanced nutrition
Nepro	1770	160	81	96	1050	949	1050	717	727	745	944	High protein formula intended for people on dialysis
Osmolite 1.5	1500	204	63	49	1330	2180	1300	1250	762	525	1000	High in calories and protein to help patients gain and maintain weight. Fiber free
Pediasure with fiber	1000	139	30	Less than 1 g	380	1980	1390	1050	845	340	1000 ml for 1-8 y olds, 1500 ml for 9-13 y olds	Pediatric formula with 1.9g fiber per 8 ounce
Pivot 1.5	1500	172	94	51	1475	1983	1013	969	750	660	1300	Peptide-based formula for metabolically stressed surgical patients (Immune-modulating)
Promote with fiber	1000	138	63	28	1300	2100	1200	1200	831	380	1500	High protein, high fiber containing formula to promote wound healing
Vital AF 1.2	1200	111	75	54	1266	1645	1046	1004	811	459	1250	Peptide-based formula to help manage inflammation and improve GI tolerance.
Vital High Protein	1000	111	87	23	1400	1400	869	835	836	419	1500	Patients requiring high protein, low fat diet.